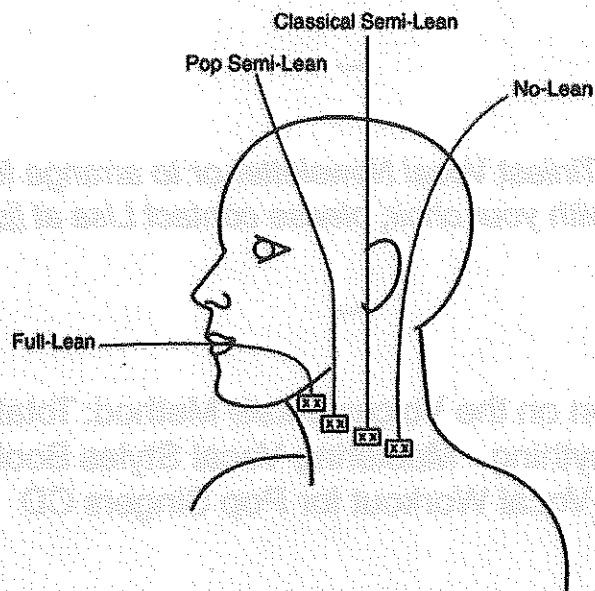
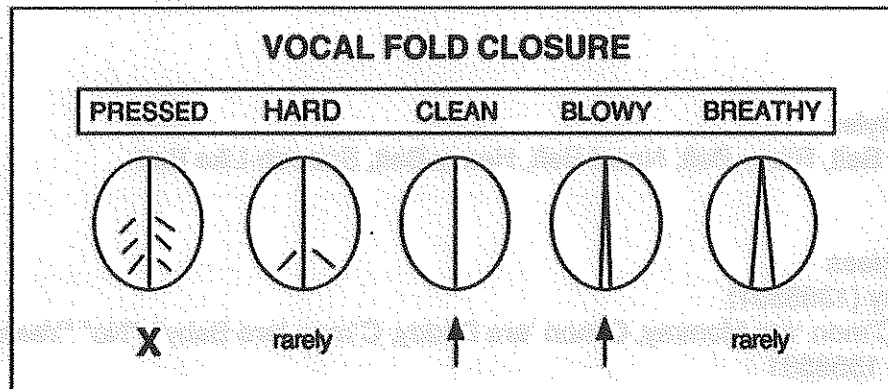


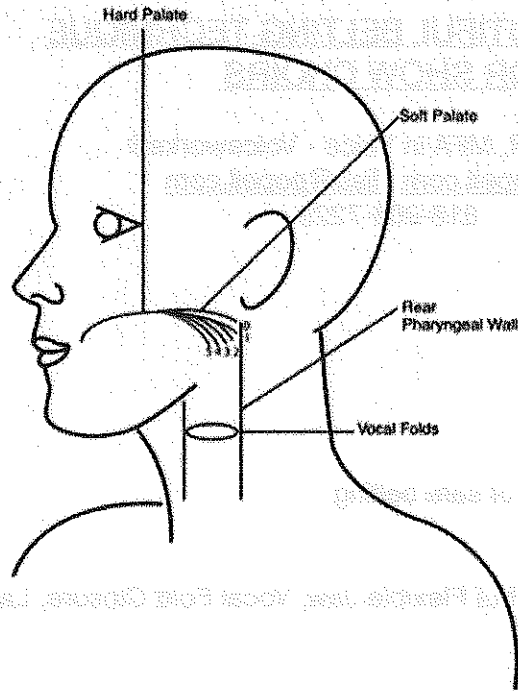
## SAFE & BEAUTIFUL BELTING TECHNIQUE FOR SHOW CHOIRS

Lisa Popeil, MFA in Voice - Voiceworks®  
[www.popeil.com](http://www.popeil.com) [lisa@popeil.com](mailto:lisa@popeil.com)  
818-906-7229

- + What is Belting?
- + Redefining 'chest voice'
- + Posture & Support: the foundation of safe belting
- + Belting Techniques  
Belter's Bite, Breath-holding, Firm but Flexible Jaw, Vocal Fold Closure, Laryngeal Lean, Controlling Ring and Nasality



## NASALITY



0. Hypo-Nasality (Woofy)
1. Not Nasal
2. Slight Nasality
3. Noticeable Nasality
4. Pronounced Nasality
5. Maximum Nasality

### + Belting Substyles

Brassy Belt, Ringy Belt, Nasal Belt, Heavy Belt, Speech-Like Belt

### + Belting Exercises

Bee/Bay (1355531)

Calls "C'mon 'ere Mommy, C'mon 'ere Daddy, C'mon 'ere Baby", "No" "Yeah"

NGyah 1358531

Laryngeal Lean exercises - "the slidy aas"

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*To receive the World's Tiniest Vocal Newsletter or to arrange for a Skype or in-person master class with your choir, please contact Lisa at [lisa@popeil.com](mailto:lisa@popeil.com)*  
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For more information on the Voiceworks® Method: Total Singer DVD  
Sing Anything - Mastering Vocal Styles Book  
Daily Vocal Workout for Pop Singers CD